States with many abortion restrictions tend to have fewer policies that support the health of women.

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**OVERVIEW**: Where Do Lawmakers Focus Their Efforts?

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**HEALTH MEASURES**

Women’s Health

Our study measured women’s health across the country. States with more restrictions tend to have lower health scores.

**COMPARISON**

**MORE VS. FEWER RESTRICTIONS**

States with fewer than 10 restrictions have more indicators of women’s health than those states with more than 10.

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**OUTCOMES**

**MORE CONSIDERATIONS**

Increased abortion restrictions can delay or make access to care more difficult, contributing to poor emotional and financial well-being as women try to navigate hurdles to accessing abortion care.

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**CONCLUSION**

These findings are troubling, and ample scientific evidence makes clear that restricting abortion is detrimental, while supportive policies are essential to women. Abortion restrictions can delay or make access to care more difficult, contributing to poor emotional and financial well-being as women try to navigate hurdles to accessing abortion care.