Increasing access to information about abortion: A user-centered approach to developing smartphone apps in Indonesia, the United States, and Mexico
Defining the end-user

Needs assessment

Design and development

Evaluation
No single app currently on the market contains information about abortion and comprehensive SRH.

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Comprehensive sexual and reproductive health information.

Supportive, inclusive, customizable.

Privacy by design.
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Privacy and security were some of the most important issues raised by participants.

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Privacy by design

Supportive, inclusive, customizable

Comprehensive sexual and reproductive health information
“I think that people open your phone and it’s evident that you don’t want an app that says ‘abortion’ on it, so I think on the outside it would be useful for it to look like a calendar or like a calculator that only you know that if you open that App it will be about abortion, no one is going to open it, nobody wants to open the calculator in your phone, I think that would be very useful, for the icon not to be an obvious one.”

(Guanajuato, Mexico)
Privacy and Security

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Users wanted:
• Discrete or personalized notifications
• Pin or password protected access
• Discrete icons
• Hidden private information
• Data security
• Quick exit buttons
• Limited collection of personal data
Do you wish to end this pregnancy using medications?

YES  NO

Misoprostol Only

You need 12 tablets of misoprostol (200 mcg each) or in total 2400 mcg.

Put 4 tablets of misoprostol under your tongue. Keep the tablets there for at least 30 minutes, until the tablets are dissolved. Do not swallow!

3 hours later, put 4 tablets of misoprostol under your tongue. Keep the tablets there for at least 30 minutes, until the tablets are dissolved. Do not swallow!

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Oral Contraceptive Pills

There are 2 types of pills:
1. The combined oral contraceptives (OCs) contain 2 hormones: estrogen and progestogen.
2. The progestogen-only pills, called Mini Pills. Must be taken at the same time everyday.

How the pill works:
For both OCs and Mini Pills, in order for them to work, you need to take one pill every day. The pill prevents pregnancy by preventing ovulation. That is, by stopping the egg from leaving the ovary. The pill also thickens the cervical mucus, making it difficult for sperm to get to the womb.
You should NOT use the combined pill if you smoke, have high blood pressure, get migraines, or have diabetes.

Overview of Healthy Relationships
What are some signs of a healthy relationship?
What are some signs of an unhealthy relationship?
How do I talk with my partner about our relationship?

Before you talk to your partner, make sure that you reflect on what you really want from your relationship and how you define happiness for yourself. Once you do this, you should be able to talk openly to your partner about your feelings and share your thoughts. Check whether your partner allows you to talk openly and receptively.
After the pregnancy passes, the cramps decrease and the bleeding slows down quite a bit. Within a few hours after passing the pregnancy, cramps and bleeding should be much improved. It is normal for the uterus to slowly empty for 1-3 weeks after taking the medication; so you may have light bleeding for 1-3 weeks.

Remember, if there are no signs of a problem, such as heavy bleeding, pain, fever or abnormal vaginal discharge, you do NOT need any surgical intervention.

Most women are able to know if the abortion was successful quite soon after
We don’t store any of your data outside your device, that’s why there’s no profile, phone number or email linked to you. So please remember you PIN code if you set one up!

In case someone makes you go into Euki app, press 0 0 0 0 instead of your PIN. It will display a false screen.

All privacy settings can be customized! Just go to “Privacy” in the bottom navigation!

OK, got it
We don't store any of your data outside your device, that's why there's no profile, phone number or email linked to you. So please remember you PIN code if you set one up!

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